

This candidate physical ability test (CPAT) consists of eight separate events. The CPAT is a sequence of events requiring you to progress along a predetermined path from event to event in a continuous manner. This test was developed to allow fire departments to obtain pools of trainable candidates who are physically able to perform essential job tasks at fire scenes. This is a pass/fail test based on a maximum total time of 10 minutes and 20 seconds.

As a condition of hire test, the fire department utilizing CPAT must ensure that all candidates are provided full and equal access to a CPAT orientation and practice program. The orientation and practice program must commence at least eight (8) weeks before commencement of the official CPAT test date. This program is composed of two phases.

The fire department will provide each candidate a full and equal opportunity to perform at least two (2) orientation sessions during which candidates will receive "hands-on" familiarity with the CPAT test equipment. These required orientation sessions will be provided by certified Peer Fitness Trainers, fitness professionals and/or CPAT-trained fire fighters (proctors). These individuals will familiarize each candidate with each CPAT task and the test equipment. They will advise all candidates concerning conditioning regimens and techniques to help each candidate prepare for the CPAT test.

The fire department will provide each candidate a full and equal opportunity to perform at least two (2) timed practice runs of the CPAT, using CPAT apparatus. These required practice runs must occur within thirty (30) days before the commencement of the official CPAT test dates. Following each practice session, certified Peer Fitness Trainers, fitness professionals, and/or CPAT-trained fire fighters (proctors) shall help the candidates understand the test elements and how they can improve their performance and conditioning.

This two-phased orientation and practice program is a mandatory condition for candidates taking the CPAT test. However, it is recognized that some individuals may be capable of passing CPAT without participation in these programs. These individuals may excuse themselves from this mandatory condition upon the receipt by the fire department of a written and signed waiver, acknowledging that the fire department made available these programs on an equal basis and that the candidate understands the consequences of not participating in these programs.

PURPOSE OF EVALUATION

The following practices are allowed:

- The candidate is given one warning to keep one knee down.
- The candidate is given one warning to keep the knees in bounds.
- The candidate is given one warning for taking one step out of the box.
- The candidate is permitted to run during the hose drag

The following practices constitute a failure:

- The candidate fails to go around the drum.
- The candidate travels outside of the marked path.
- The candidate takes two steps out of the back of the box
- The candidate r

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- The candidate is given on

The following practices are allowed:

- The candidate can return into the tunnel if they exit through the entrance.

The following practices constitute a failure:

- The candidate requests assistance from the proctor requiring the opening of an escape hatch or the entrance/exit covers.

Reasons for failure:

- Failure to finish the event indicates a lack of confidence in dark or confined spaces.

EVENT 7 RESCUE

EQUIPMENT

This event uses a weighted mannequin en

The following practices constitute a failure:

- The candidate receives a second infraction for stepping outside of the boundary marked by the testing apparatus.
- The candidate receives a second infraction for dropping the pike pole.

Reasons for failure:

- Stepping out of bounds creates an advantage that may not be available to the candidate on the fire ground,